

Choose your retreat journey at Chiara Center by checking one or two Chiara guides/themes/resources.

Chiara will loan you the resources or you are welcome to bring your own resources.

Retreat must be a minimum of three days and two nights. Arrival times are flexible. The fee for three days is \$255 which is inclusive of guest room, meals, retreat resources. Resources include the CD/DVD player.

Each additional day is \$69.50 inclusive of meals.

Before sending in registration form, be sure to call Chiara Center to make sure there is availability .

Audio Books

_____ **Prayer, Our Deepest Longing** by Ron Rolheiser (3 CDs—3 hours)

Whether you struggle to believe in God, are a beginner in prayer, or are more advanced in your spiritual practice, Ronald Rolheiser will gently lead you to a deepening experience of God in prayer.

_____ **Return of the Prodigal Son; A Story of Homecoming** by Henri Nouwen (4 CDs—4 hours)

In this excellent classic book, Henri Nouwen shares his experience and speaks to all who have known loneliness, dejection, jealousy or anger and invites the listener to homecoming, affirmation and reconciliation.

_____ **The Gift of Years, Growing Older Gracefully** by Joan Chittister (5 CDs—6 hours)

This book is about embracing life as it happens. It is about reflecting on the grace of aging as it is experienced in oneself or in others as the gift of years holds an invitation to become more fully alive.

_____ **Francis and Jesus** by Murray Bodo (4 CDs—5 hours)

A renowned author and poet shares the story of how the poor and humble Francis of Assisi gave away all to gain all. Find within yourself the way through pain, suffering and dying to self in order to find the freedom to love God and other wholeheartedly.

_____ **Praying our Goodbyes** by Joyce Rupp (3 CDs—4 hours)

Loss abounds for all and eventually everyone has to say goodbye. Reflect, ritualize and reorient your spirit when loss looms large. Recover with hope.

_____ **Things Hidden, Scripture as Spirituality** by Richard Rohr (8 CDs—10 hours)

As central themes of Scripture are explored, discover a relevant message and Christian vision of abundance, grace and joy in today's world.

_____ **A Spirituality for the Two Halves of Life** by Richard Rohr and Paula D'Arcy (6 CDs—6 hours)

Based on a conference held at the Center for Action and Contemplation, this series explores the tasks of the two halves of life. While institutional religion has been primarily concerned about the first half of life, it is the second half which is much closer to the teachings of Jesus.

_____ **Armchair Mystic: Easing Into Contemplative Prayer** by Mark Thibodeaux, SJ (5 CDs 6 hours)

Journey through the practicalities and the mysteries of the four stages of prayer using step-by-step exercises with clarity, humor, and easy-to-understand examples.



DVD series

_____ **Assisi Pilgrimage: In the Footsteps of Francis and Clare** by Roch Niemier (2 hour DVD and book)

Journey with real pilgrims to the sites of Assisi. Experience the call to be a pilgrim and see why everyone loves little Assisi.

_____ **Catching Fire: Guide for Spiritual Transformation** by Albert Haase, OFM (6 video sessions)

Learn the secrets of spiritual giants from an experienced spiritual director. Be prepared to find the spark of God in your life.

_____ **Sacred Rhythms: Spiritual Practices that Nourish Your Soul and Transform your Life** by Ruth Haley Barton (6 video sessions)

Explore the practices that spiritual seekers and growing disciples have used throughout history to grow closer to God. Learn the spiritual disciplines that open a person to God's transforming love.

_____ **In the Footprints of Francis and the Sultan: A Model for Peacemaking** by Kathleen Warren and Jayasri Hart (1 hour DVD)

This two-part film examines contemporary issues of interreligious understanding grounded in the timeless Franciscan tradition of tolerance, peacemaking and social justice. Follow St. Francis as he travels to the Middle East to meet Sultan Malek al-Kamil in 1219.

_____ **Following the Mystics Through the Narrow Gate** by Richard Rohr, James Finley, and Cynthia Bourgeault (4 DVDs—9 hours)

Experience a weekend conference with teachings about the mystical tradition from early Christianity to our own time. Open yourself to the Divine Mystery in which we live.

Complete registration form on back.

Needing some time away?
 Searching for more in life?
 Wanting to grow closer to the Lord?
 Grieving a loss?
 Feeling like celebrating God's goodness?
 Experiencing a desire to learn a new
 spiritual discipline?



Retreat at Chiara.

We can help you create sacred time away by providing resources from trusted spiritual leaders.

The retreat fee includes your guest room, meals, retreat spaces and Chiara-loaned retreat aids and AV equipment.

Browse the retreat options inside or call us with questions.



CHIARA CENTER
 FRANCISCAN PLACE OF SPIRITUALITY

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 Springfield, IL 62707

(217) 522-0901
 chiaracenter.org



A ministry of the Hospital Sisters of St. Francis

Self Guided Retreat Registration Form

Name _____
 Phone # _____
 Address _____

 E-mail _____
 Dietary Need _____

Arrival Date/Time _____
 Departure Date/Time _____

Did you mark your retreat preferences?

Payment
 Retreat Payment Three Days/two nights: \$255
 \$69.50 each additional day # of additional days _____
 Amount enclosed _____

_____ Checks
 (payable to Hospital Sisters of St. Francis)
 _____ Credit Card _____ Visa _____ Master Card
 Name as it appears on card _____

Card number _____
 Expiration Date _____ Security code _____

Signature of cardholder _____

Please return this brochure and form with payment to:

Hospital Sisters of St. Francis
 Attn: Accounting Department
 P.O. Box 19431
 Springfield, IL 62794-9431



Listen to the invitation.

Be still and know that I am God.

Know the hope.

Be still and know.

Experience the quiet of

Chiara Center.

Be still.

