



Chiara Self Guided Retreats

Listen to the invitation.

Be still and know that I am God.

Know the hope.

Be still and know.

**Experience the quiet of
Chiara Center.**

Be still.

Before sending in registration form, please call Chiara Center to confirm availability.

New Audio Books

___ **A Retreat with Teilhard de Chardin** by Father Donald Goergen, OP (2 CDs) Explore the mysticism of Pierre Teilhard de Chardin and discover how his universal vision of all life in the cosmos influenced Richard Rohr and Ilia Delio as they seek after the universal Christ.

___ **Prayer and Growth in the Christian Life** by Thomas Merton (6 CDs) These are a series of 12 lectures that Merton gave on topics including the Institutionalized Church, Ecstatic Life in the Spirit, Christian Non-violence and Monasticism & Contemplation.

___ **Thomas Merton on Contemplation** by Thomas Merton (4 CDs—6 hours) This is a series of six talks Merton gave from 1963-1965 that invites the listener to enter into a transformational experience of prayer and contemplation.

Other Audio Books

___ **Prayer, Our Deepest Longing** by Ron Rolheiser (3 CDs—3 hours) Whether you struggle to believe in God, are a beginner in prayer, or are more advanced in your spiritual practice, Ronald Rolheiser will gently lead you to a deepening experience of God in prayer.

___ **Return of the Prodigal Son; A Story of Homecoming** by Henri Nouwen (4 CDs—4 hours) Henri Nouwen shares his experience and speaks to all who have known loneliness, dejection, jealousy or anger and invites the listener to homecoming, affirmation and reconciliation.

___ **The Gift of Years, Growing Older Gracefully** by Joan Chittister (5 CDs—6 hours) This book is about embracing life as it happens. It is about reflecting on the grace of aging as it is experienced in oneself or in others as the gift of years holds an invitation to become more fully alive.

___ **Francis and Jesus** by Murray Bodo (4 CDs—5 hours) A renowned author and poet shares the story of how the poor and humble Francis of Assisi gave away all to gain all. Find within yourself the way through pain, suffering and dying to self to find the freedom to love God and the other wholeheartedly.

___ **Praying our Goodbyes** by Joyce Rupp (3 CDs—4 hours) Loss abounds for all and eventually everyone has to say goodbye. Reflect, ritualize and reorient your spirit when loss looms large. Recover with hope.

___ **Things Hidden, Scripture as Spirituality** by Richard Rohr (8 CDs—10 hours) As central themes of Scripture are explored, discover a relevant message and Christian vision of abundance, grace and joy in today's world.

___ **A Spirituality for the Two Halves of Life** by Richard Rohr and Paula D'Arcy (6 CDs—6 hours) Based on a conference held at the Center for Action and Contemplation, this series explores the tasks of the two halves of life. While institutional religion has been primarily concerned about the first half of life, it is the second half which is much closer to the teachings of Jesus.

___ **Armchair Mystic: Easing Into Contemplative Prayer** by Mark Thibodeaux, SJ (5 CDs—6 hours) Journey through the practicalities and the mysteries of the four stages of prayer using step-by-step exercises with clarity, humor, and easy-to-understand examples.

New DVD series

___ **Meet the Real Mary Magdalene** by Fr. Raymond F. Collins STD (2 DVDs & 6 lectures) Explore the story of Mary Magdalene in the Gospels, Gnostic tradition and the popular culture and discover why she is now acknowledged as an apostle who followed Jesus unlike many others.

___ **Talking About God in Today's Culture** presented by Sr. Carla Mae Streeter, OP (4 DVDs & 12 Lectures) The search for God emerged the moment humans came to consciousness. This series is meant to help us better understand the unifying power and ineffable Mystery of God.

___ **Gratitude: Seeing as God** presented by Fr. Anthony Ciorra (4 DVDs—12 thirty minute lectures) This is truly a wonderful series that instills a pathway to making gratitude a way of life. It fosters positive attitudes while connecting gratitude to Christian spirituality and faith.

Other DVD series

___ **Assisi Pilgrimage: In the Footsteps of Francis and Clare** by Roch Niemier (2 hour DVD and book) Journey with real pilgrims to the sites of Assisi. Experience the call to be a pilgrim and see why everyone loves little Assisi.

___ **Catching Fire: Guide for Spiritual Transformation** by Albert Haase, OFM (6 video sessions) Learn the secrets of spiritual giants from an experienced spiritual director. Be prepared to find the spark of God in your life.

___ **Sacred Rhythms: Spiritual Practices that Nourish Your Soul and Transform your Life** by Ruth Haley Barton (6 video sessions) Explore the practices that spiritual seekers and growing disciples have used throughout history to grow closer to God.

___ **In the Footprints of Francis and the Sultan: A Model for Peacemaking** by Kathleen Warren and Jayasri Hart (1 hour DVD) This two-part film examines contemporary issues of interreligious understanding grounded in the timeless Franciscan tradition of tolerance, peacemaking and social justice. Follow St. Francis as he travels to the Middle East to meet Sultan Malek al-Kamil in 1219.

___ **Following the Mystics Through the Narrow Gate** by Richard Rohr, James Finley, and Cynthia Bourgeault (4 DVDs—9 hours) Experience a weekend conference with teachings about the mystical tradition from early Christianity to our own time.

Self Guided Retreat Registration Form

Name _____

Phone # _____

Address

E-mail _____

Dietary Need _____

Arrival Date/Time _____

Departure Date/Time _____

Did you mark your retreat preferences?

Payment

Retreat Payment Three Days/two nights: \$275

\$69 each additional day # of additional days ____

Amount enclosed _____

_____ Checks

(payable to Hospital Sisters of St. Francis)

_____ Credit Card ___ Visa ___ Master Card

Name as it appears on card

Card number _____

Expiration Date _____ Security code _____

Signature of cardholder

Please return this brochure and form with payment to:

**Hospital Sisters of St. Francis
Attn: Accounting Department
P.O. Box 19431
Springfield, IL 62794-9431**

Choose your retreat journey at Chiara Center by checking one or two Chiara guides/themes/resources. Chiara will loan you the resources or you are welcome to bring your own resources.

Retreat must be a minimum of three days and two nights. Arrival times are flexible. The fee for three days is \$275 which is inclusive of guest room, meals, and retreat resources. Resources include the CD/DVD player. Each additional day is \$69 inclusive of meals.



Self Guided Retreat at Chiara.

We can help you create sacred time away by providing resources from trusted spiritual guides. The retreat fee includes your guest room, meals, retreat spaces and Chiara-loaned retreat aids and AV equipment. Browse the retreat options in this brochure or call us with questions.



CHIARA CENTER

FRANCISCAN PLACE OF SPIRITUALITY

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A ministry of the Hospital Sisters of St. Francis